



**WELCOME
TO A
4 WEEKS
JOURNEY
INTO**

Self Love
**WITH
DR DISHA**



Love Yourself





Learn to love yourself just as you are,
while you transform into best version of
yourself!.

As you embark on this sacred path of
the deepest Self Love, you will see your
world transform and brighten, all as a
mirror image of YOU.

Together, let's amplify your Self Love in
a way that will completely blow you
away.





You have heard me say it before and
you will hear me say it again:

So what is Self Love and why is it so
important?

Quite simply, Self Love is the practice of
valuing, accepting, caring for, choosing
and claiming yourself day after day.

Self Love is THINKING & FEELING LOVE for
yourself.

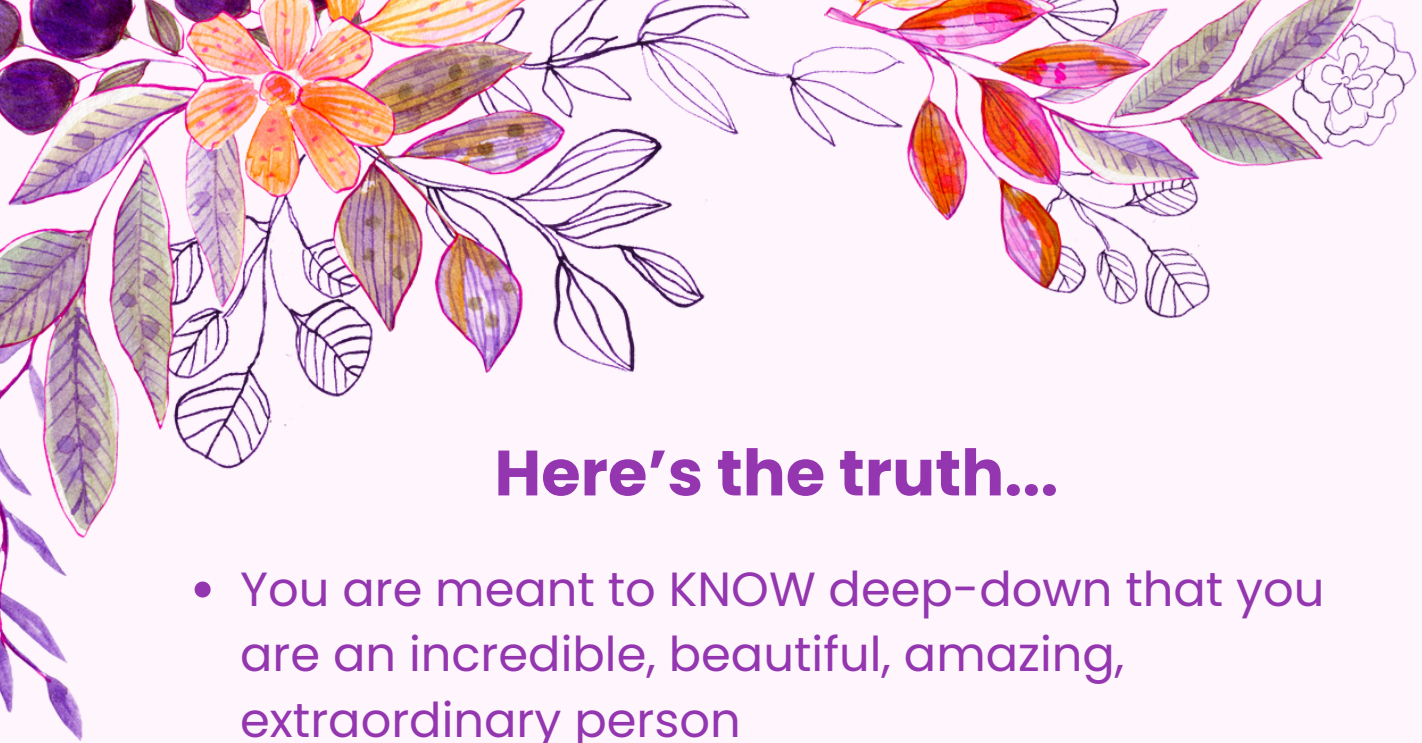




The reason Self Love is the KEY to creating your most extraordinary life is because life is reflecting YOUR dominant thoughts and feelings back to you.

More importantly, how you see, feel, think about and treat yourself will completely determine how others see, feel, think about and treat you, too.



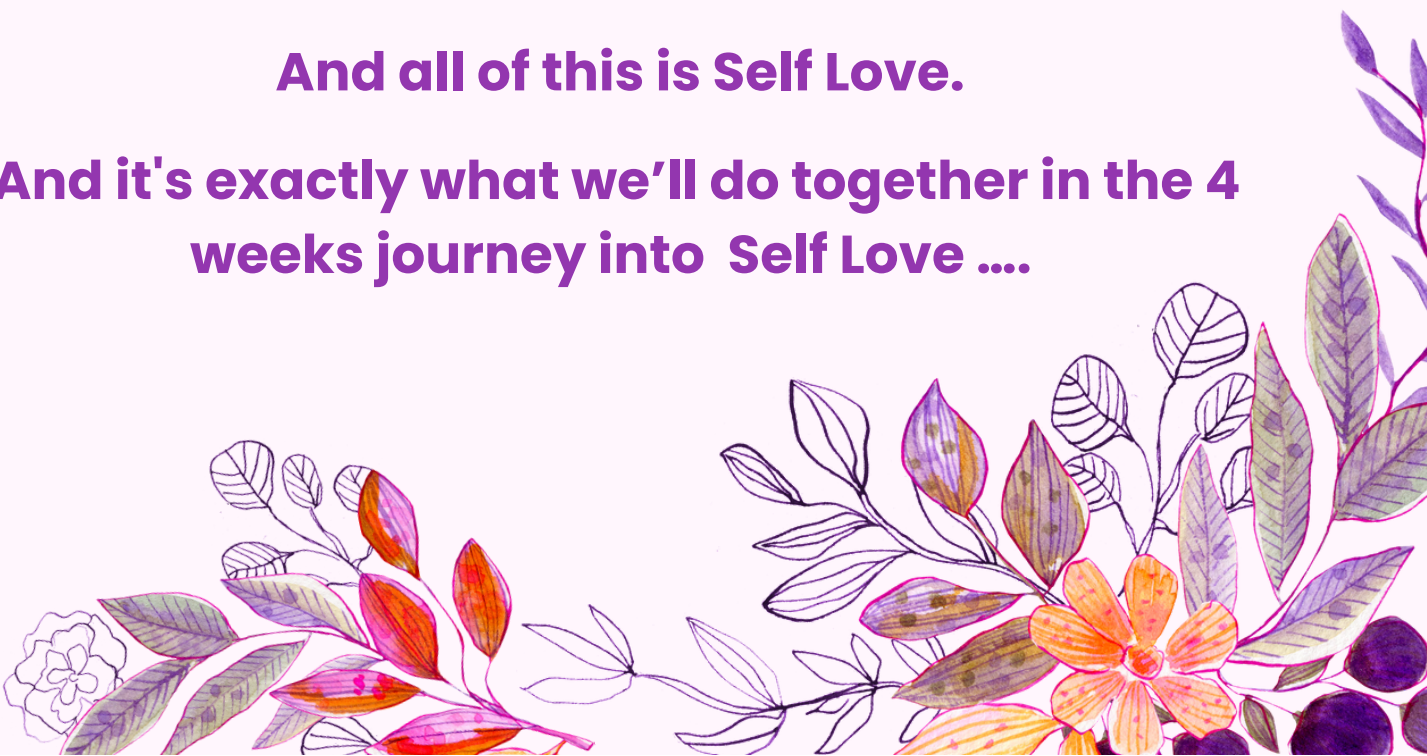


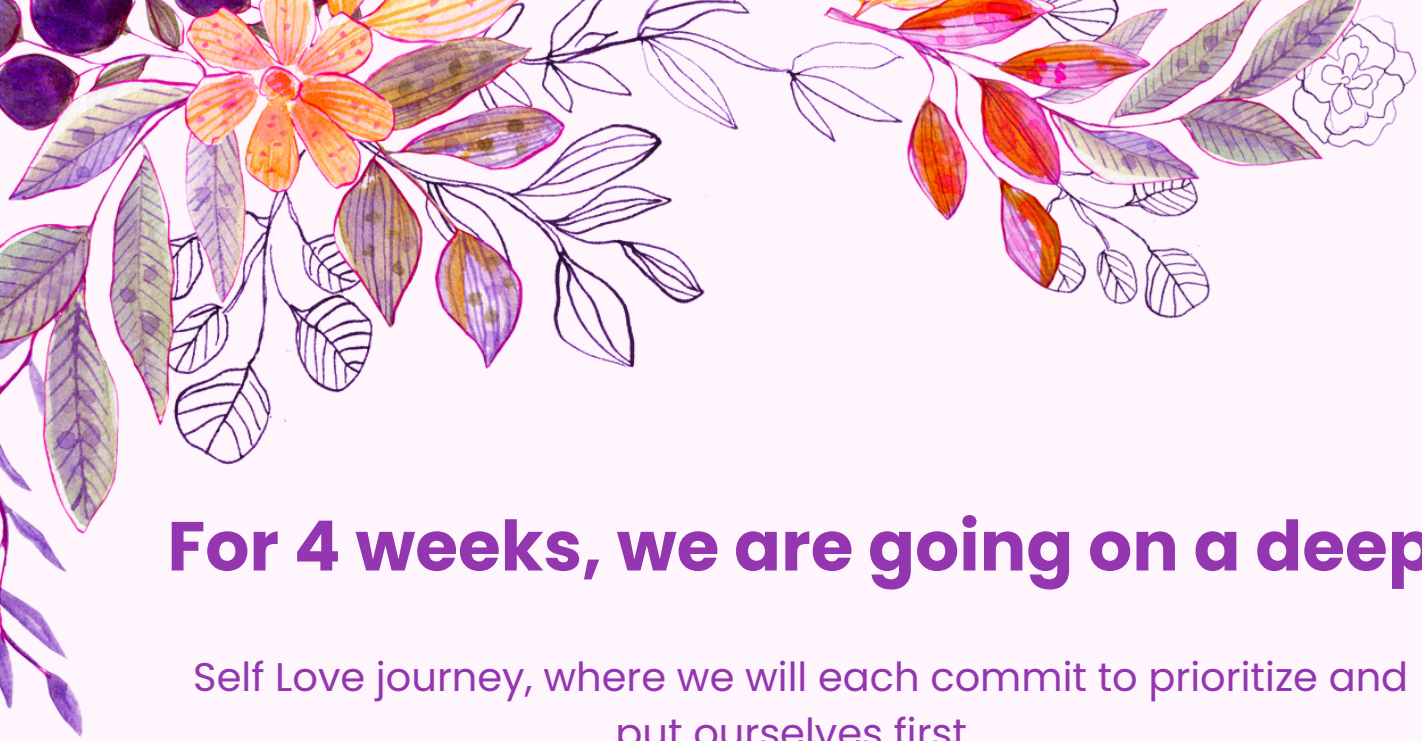
Here's the truth...

- You are meant to KNOW deep-down that you are an incredible, beautiful, amazing, extraordinary person
- Here to feel completely worthy and deserving of love everyday in your life
- You are meant to genuinely love what you see when you look in the mirror
- You are here to feel absolutely magnetic and attractive when you walk down the street
- You are here to be your own best friend... to show up for yourself through thick and thin
- You are Meant to decide exactly who you want to be in the world... and to START BEING that person today!

And all of this is Self Love.

And it's exactly what we'll do together in the 4 weeks journey into Self Love





For 4 weeks, we are going on a deep

Self Love journey, where we will each commit to prioritize and put ourselves first.

Bring your focus ONTO the most important person in your life...YOURSELF... because you know you deserve it !

LOVE YOURSELF through thick and thin and know that you have your own back NO MATTER WHAT else transpires in your current

STEP INTO the most amazing ^{reality} version of yourself that you can be!

Accept unapologetically who you really are & believe with the greatest conviction in your truest potential

Settle into a deep, comforting knowing that you are the person you most want to be

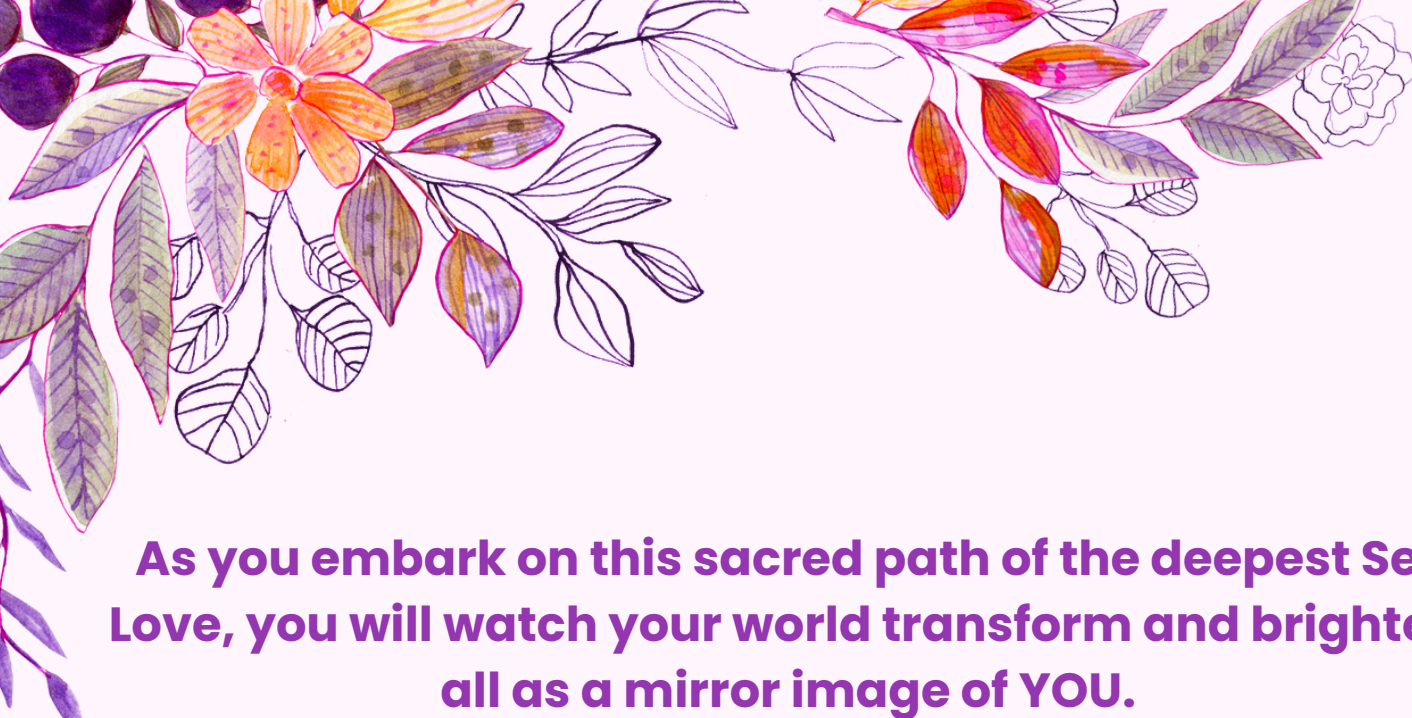
AND... live AS LOVE, starting now....

... to all that and so much more!

I'M SO READY TO LOVE MYSELF

[Click Here to Join the Self Love Journey_](#)





As you embark on this sacred path of the deepest Self Love, you will watch your world transform and brighten, all as a mirror image of YOU.

I am SO excited that you are here today!.

I know first-hand how Self Love can completely transform your whole life.

When I started the practice of showing up for myself, choosing myself, loving myself and seeing how wonderful I really am, my whole life changed...

Basically... Life became abundant in every single way.

All because I learned the magic of truly LOVING MYSELF.

And this is the gift I want to give to you.

I WANT MY BEST LIFE, TOO!

[Click Here to Join the Self Love Journey.](#)






**WHICH IS EXACTLY WHY I HAVE
CREATED SOMETHING BRAND NEW FOR
YOU, INTRODUCING:**

A 4 WEEKS JOURNEY INTO SELF LOVE...
BECAUSE YOU ARE THE PERSON YOU HAVE
BEEN WAITING FOR!



Learn to show up for and love yourself
completely, so life and others can do
exactly that for you, too.





HERE'S THE PATH WE WILL TAKE FOR 4 WEEKS:

WEEK 1 :


In this week of the journey, we will focus on pure self love... the art of liking and loving yourself just as you are.

You will learn where to start your self love journey, self acceptance, dropping judgements about yourself, and the best practices for loving yourself now. Feeling good about exactly who you are (without needing to change a thing) is a key to transforming into the person you really want to be.

WEEK 2 :

This week is all about stepping into your best VERSION...and choosing to BE this person now!

You will learn the secrets of shaping your Self IMAGE to create anything you desire (we will focus on all areas of your life)... this is going to be a very fun and potent week!





WEEK 3 :

This week, we are going to look at how to show up for yourself through the TOUGH times.

Self Love means learning to love ALL of you... especially the parts of you that sometimes feel hurt, sad or unworthy of love.

When you learn to love yourself through your hurt, something magical happens... TRUE HEALING happens and your wounds heal for good.

WEEK 4 :

This week, we turn up the heat that is YOU. We will focus on your feminine magnetism, ... how to step into the most irresistible version of you to attract whatever you want!

You will surely be feeling completely irresistible by the end of this journey, so you can keep the energy flowing through the rest of your life !

Daily content guiding you on your Self Love journey (content will include a variety of lessons... written, some videos & meditations, workbook prompts, etc) 4 Workbooks guiding you through amazing daily Self Love exercises.... basically Everything you need to amplify your Self Love like never before!





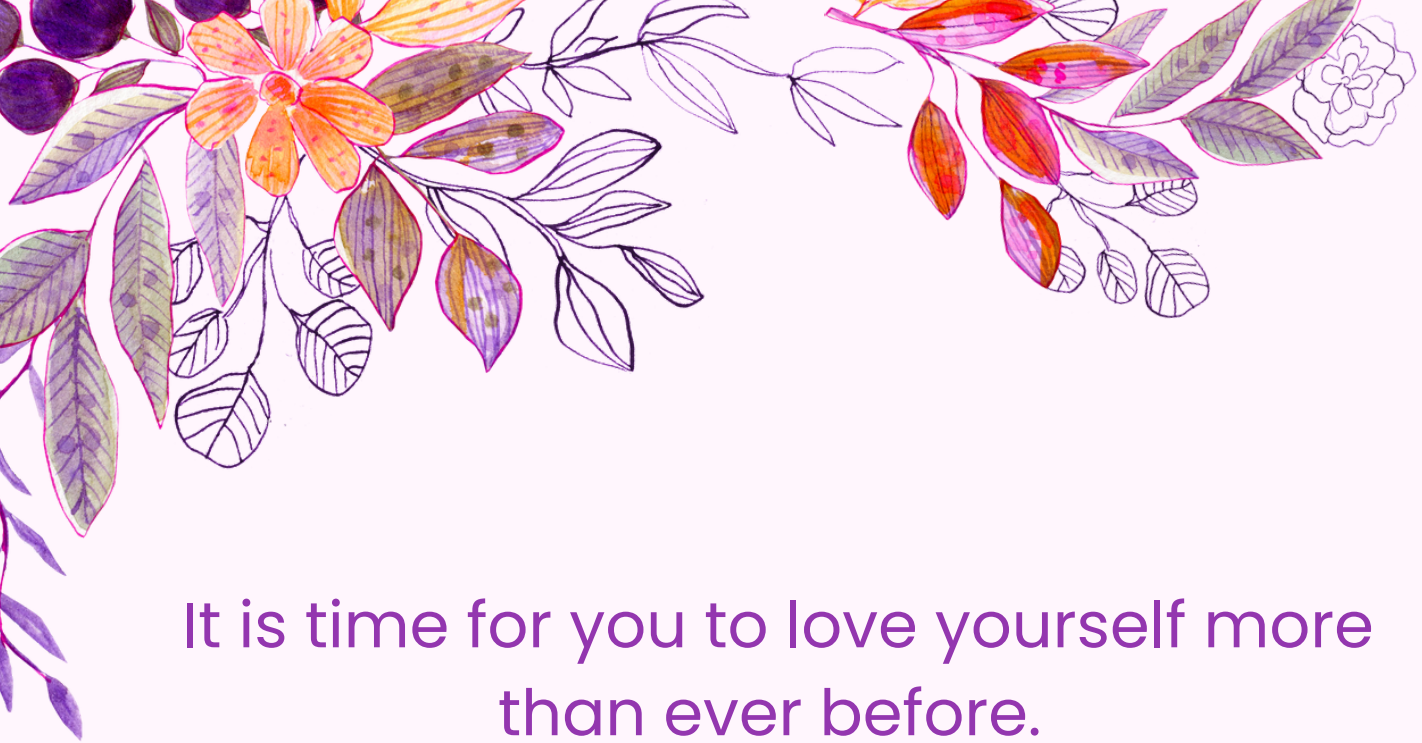
THIS IS YOUR 4 WEEKS TO FALL IN LOVE WITH YOURSELF FULLY...

- 4 weeks to focus on how incredible and magnificent you are
- 4 weeks to boost your confidence and appreciation for yourself in ways you never done before
- 4 weeks to start being the version of yourself you most want to be
- 4 weeks of claiming the most magnetic version of you
- 4 weeks of being there for yourself, choosing yourself, and loving yourself no matter what!!
- 4 weeks of igniting your most magnetic, irresistible self, all from the inside-out

I'M READY FOR ALL THIS!

[Click Here to Join the Self Love Journey!](#)





It is time for you to love yourself more
than ever before.

It is time for you to shine so bright,
people can't look away.

Welcome to the greatest gift you could
ever give yourself.

The greatest love of your life starts
now....

YES FALLING IN LOVE WITH MYSELF

[Click Here To Start The Self Love Journey Now!](#)

